

HIGHLANDS HIGH SCHOOL CROSS COUNTRY 2019

DATE	PLACE	TIME
SEPTEMBER 7TH	MURPHY	
SEPTEMBER 10TH	TALLULAH FALLS	4:15
SEPTEMBER 14TH	CHEROKEE	
SEPTEMBER 18TH	HIWASSEE DAM	
SEPTEMBER 25TH	HAYESVILLE	
OCTOBER 9TH	ROBBINSVILLE	
OCTOBER 23RD	SMC CHAMPIONSHIP @ CHEROKEE	
NOVEMBER 2ND	WESTERN REGIONAL @ TBA	
NOVEMBER 9TH	STATE CHAMPIONSHIP @ KERNERSVILLE BEESON PARK	

HEAD COACH BRETT LAMB
ASST COACH DEREK TAYLOR